

Complete your Development Plan

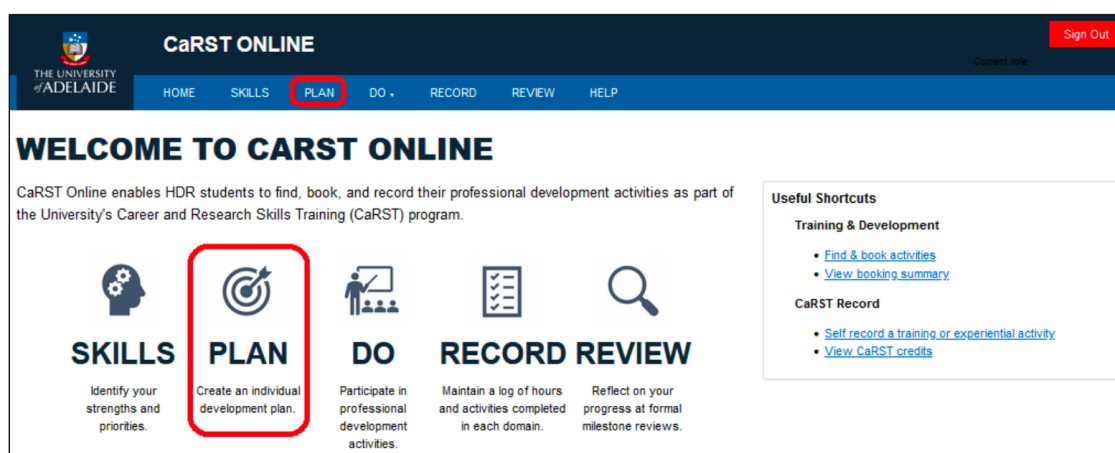


Introduction

Individually or in collaboration with your supervisor, you can set goals to create an individual Development Plan.

Procedure

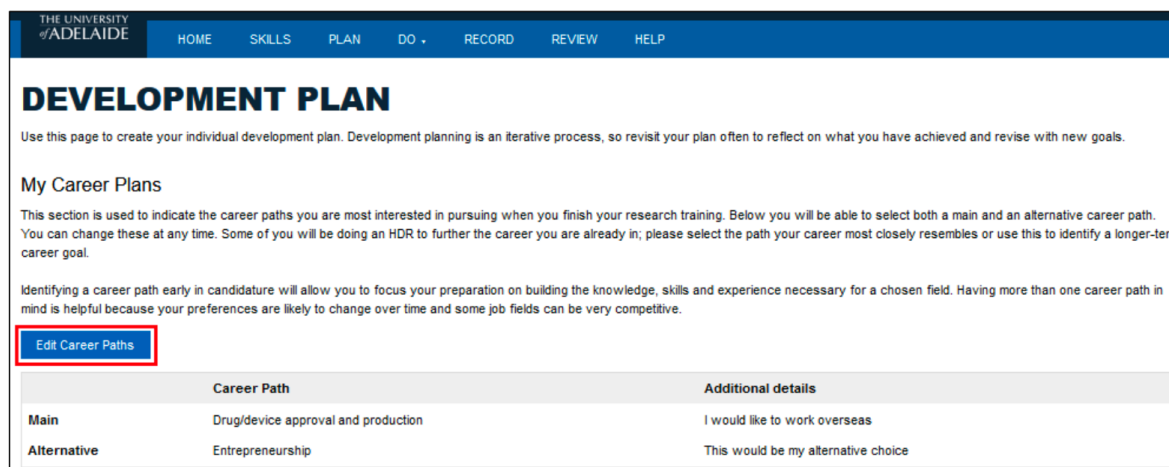
1. From the Homepage click on **Plan** to go to the Development Plan page.



Setting your Career Path

Start by setting the career paths you are most interested in pursuing when you finish your research degree.

1. Click on the edit icon next to the career box. A pop-up box will appear where you can set both your main career path and your alternative career path.



2. Click **I'm not seeking a career at this stage** if applicable OR click on the arrow next to **Non-STEM** or **STEM** to expand a list of career paths for you to choose from.

You cannot write in this section. Selecting from the options below will add to the boxes.

Comments about your career path selections can be added in the **Additional Details** space at the top of the form.

Scroll down to view more careers

3. Click on **Main Career Path** button next to the career of your choice to add it as your main career. Click on **Alternative Career Path** to choose your second choice of career. The buttons will change to yellow to indicate that they have been selected.

Advocacy

Main career path Alternative career path

Work that supports and engages decision makers on behalf of individuals, groups and/or communities (Source: [Imagine PhD](#))

Communications, Public Relations and Marketing

Main career path Alternative career path

Work that includes sharing information through different media such as writing, social media, visual, audio, and film (Source: [Imagine PhD](#))

Consulting

Main career path Alternative career path

Providers of content specific knowledge, either independently or as an employee of an organization (Source: [Imagine PhD](#))

4. You can manually add additional career paths by scrolling down to the bottom of the list and typing in the main and alternative career path sections under **Other**. Click **Apply** to add your addition.

Facilitating understanding among more than one language (Source: [Imagine PhD](#))

Writing, Publishing, and Editing

Making meaning and communicating it to particular audiences (Source: [Imagine PhD](#))

Other

Main career path

Apply

Alternative career path

Apply

STEM

5. Click **Save** and **Close** the pop-up window.



Setting Goals

Once you have set a career path, add goals that will help you in your development towards that career. You can click on **Suggested Goals** for ideas on what type of goals you can set for yourself.

1. From the Development Page click on **Add Goal**. This will bring up a pop-up window.

My Goals

Consider your skills development needs in the context of your research training and career goals. Ask yourself- which areas do you need or want to develop over the next 6 months to a year? Which Vbae RDF Domain does the goal map to? What types of activities could you undertake to develop in this area? You may also want to consider longer term goals that will be beneficial for your future career plans.

Record each goal separately, aiming for goals that are **"SMART"** – Specific, Measurable, Attainable, Relevant and Time-bound. Your goals should correspond to the activities listed in your CarST record and demonstrate that you have a plan to complete the CarST requirements before these submission. This includes having at least one goal per domain to ensure you can achieve the minimum subjects required per domain. Once a goal is complete you and your supervisor will be able to record a reflection on the attainment of your goal.

- Suggested Goals

Add Goal

Domain	Goal	Created	Due	Status
A		17 Nov 20	30 Nov 20	Not Started

2. In the pop-up window you need to complete the following sections;

- **Goal Title:** Click in the box and type in a meaningful title for your goal.
- **How will you achieve this goal:** Click in the box and type in more specific details.
- **Domain:** Select the domain of the Researcher Development Framework (RDF) that your goal most closely aligns with. Click on **Learn more** for more information on what to select.
- **By when are you planning on completing this goal:** Use the calendar to set a deadline for your goal.
- **Status:** Select the Status for your goal

GOAL SETTING History: Latest

Goal *
Please record a meaningful goal title *

How will you achieve this goal? *

Choose the RDF Domain most applicable to this goal *
[Learn more](#)

Domain A: Knowledge and Intellectual Abilities
 Domain B: Personal Effectiveness
 Domain C: Research Governance and Organisation
 Domain D: Engagement, Influence and Impact

By when are you planning on completing this goal? *

What is the current status in achieving this goal? *

Not Started
 In Progress
 Complete

Save **Close**

Name of your goal

Details of your goal

Domain

Date for completion

Current status

3. Click **Save** and **Close** the pop-up window

4. Once a goal has been entered, you can click on the blue title of the goal to view or edit the details of how you plan to achieve your goal.

My Goals

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Record each goal separately, aiming for goals that are **"SMART"** – Specific, **M**easurable, **A**ttainable, **R**elevant and **T**ime-bound. Your goals should correspond to the activities listed in your CaRST record and demonstrate that you have a plan to complete the CaRST requirements before thesis submission. This includes having at least one goal per domain to ensure you can achieve the minimum submitts required per domain. Once a goal is complete you and your supervisor will be able to record a reflection on the attainment of your goal.

► Suggested Goals

Add Goal

Search: Show 25 entries

Domain	Goal	Created	Due	Status	
A	Undertake training in a programming language, like R	27 Jun 19		In Progress	
B	Attend a workshop on creating a LinkedIn profile	12 Aug 20		Not Started	

5. If the goal is in the status of **Complete** you can add comments in the box at the bottom of the form.

GOAL SETTING History: Latest

Choose the RDF Domain most applicable to this goal

Domain A: Knowledge and Intellectual Abilities
 Domain B: Personal Effectiveness
 Domain C: Research Governance and Organisation
 Domain D: Engagement, Influence and Impact

By when are you planning on completing this goal?

What is the current status in achieving this goal?
 Not Started
 In Progress
 Complete

Student notes on goal completion
 Completed earlier than planned

Supervisor notes on goal completion
 Completed

Save **Discard**

If the goal has a status of **Complete**, comments can be added by writing in the space at the bottom of the goal form.

Contact Us

For further support or questions, please contact Research Technology Support on +61 8 8313 7799 or researchsupport@adelaide.edu.au

If you have a question relating to the CaRST program, please visit their website at <https://www.adelaide.edu.au/graduate-research/career-development> or contact the CaRST team at carst@adelaide.edu.au