**APPENDIX G (Page 1 of 1)**

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| **FATIGUE MANAGEMENT** |

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| **General Fatigue Management**Supervisors and Managers should take fatigue management into account when scheduling vehicle operations. A decision tree has been added below to assist supervisors/managers in fatigue management. Refer to the HSW Handbook Chapters [Hazard Management](https://www.adelaide.edu.au/hr/hsw/hsw-policy-handbook/hazard-management-handbook-chapter) for further information. |

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|  | **University Driver/Operator Fatigue Management Decision Tree** |
|  | Will the plant be operated at a time outside of the operator’s normal standard work hours. For shift workers this includes the first day of a new shift? | **No****🡪** | Will the plant be operated over a long distance or period of time (200km or 2hrs) without breaks? | **No****🡪** | Will the plant be operated in addition to a standard day’s work (e.g. 8hrs)? | **No****🡪** | Has the operator been conducting hard or changed work e.g. a day of field work or hard manual labour? | **No****🡪** | Risk of work induced fatigue is low.**No further action is required** |
|  | **Yes** |  | **Yes** |  | **Yes** |  | **Yes** |  |  |
|  | **🡫** |  | **🡫** |  | **🡫** |  | **🡫** |  |  |
|  | Risk of work induced fatigue is increased.Carry out a risk assessment in accordance with HSW Handbook chapter [Hazard Management](https://www.adelaide.edu.au/hr/hsw/hsw-policy-handbook/hazard-management-handbook-chapter).See below for recommended controls. |  |  |
|  |  |  |  | **🡫** |  |  |  |  |  |
|  | * Consider taking breaks every 2 hours or 200km.
* Make alternate arrangements (e.g. shifts; co-drivers, staying overnight to travel the next day).
* Total work hours (inclusive of driving) not to exceed 8 hours.
* Review the [SafeWork SA](https://www.safework.sa.gov.au/workers/health-and-wellbeing/fatigue) website
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**Heavy Vehicle Legislation**

In 2013 National legislation for heavy vehicles came into effect. The fatigue relevant sections of this legislation apply to any person who drives a heavy vehicle with a **gross vehicle mass or aggregated trailer mass over 12 tonnes**, or a bus with **more than 12 adult seats** (including the driver’s) with a gross vehicle mass of over 4.5 tonnes.Additional information is available on the [SA Transport Department website](http://www.sa.gov.au/topics/transport-travel-and-motoring/heavy-vehicles/national-heavy-vehicle-regulator) or contact your [local HSW team](https://www.adelaide.edu.au/hr/hsw/hsw-advice) if you are undertaking this activity.

In terms of the University, this will apply mainly to field trips involving extended driving, and activities of a farm-related nature.

**Contracted services**

It is expected that transport services contracted by the University will be aware of the current legislation and supervise their drivers accordingly.

All information can be found on the [SA Transport Department Heavy vehicles website](http://www.sa.gov.au/topics/transport-travel-and-motoring/heavy-vehicles).